

# March

## Memory Work Helps

# FIX GOD'S WORD IN YOUR HEART AND IN YOUR MIND

As you continue to work at committing God's Word to memory, don't forget what your are doing—fixing his Word in your heart as well! There are some wonderful blessings that go with having God's Word on your heart and in your mind daily as you memorize it. To help think through those blessings, consider these tips:

- Engage with the text you'd like to memorize.
  Dwell on what each portion means. The verse will change from meaningless words to a life-changing message that is more likely to stick.
  Think about how the verse applies to you and your daily circumstances.
- When you pray, include elements of the verse in your words to God. Pray that God will help you understand and apply the verse to your life. Pray for God's help in fixing the verse in your heart and mind.

### Monthly Game

#### Change it up!

Try to recite your memory work in various ways. Here are a few to get your started:

- Recite in a whisper.
- Recite in a yell (if you can stand it).
- Recite while marching.
- Recite while standing on one foot.
- Recite while patting your head and rubbing your tummy at the same time. (Can you?)

#### **Resources Website**

OurSaviorBirmingham.com/H2Hresources