



# December

## Memory Work Helps

### This Month's Tips

- The more senses you involve in your memory work, the easier it will be to retain and remember what you are memorizing.
- Write the verse(s) or part of the catechism you are learning down on paper. But don't just write it once; write it many times—five or ten times is a good start. Physically writing the words out is an extremely useful tactile memory aid. Add another sense by reading it out loud as you write it out!
- Take it with you during the day! Write it down or make it prominent and easily accessible on your phone. Make an audio recording of you reading the Bible verse and play it in the car, or take your flashcards with you and look through them as you wait in line, sit in traffic, or find a few free moments during the day. Put a verse on your home screen so you see it when you look at your smartphone.

### Monthly Game

#### Memory Work Shuffle

Write the verse on a piece of paper with larger spaces between each word. Cut the paper so that each word is on its own piece of paper. Shuffle the words together, then try to arrange the words in the right order. You can reuse this make-shift puzzle as often as you need.

### Resources Website

[OurSaviorBirmingham.com/H2Hresources](https://www.oursaviorbirmingham.com/H2Hresources)

On the resource page, you will find:

- Links to Quizlet and the online flashcards
- A list of all the monthly helps that you can download
- A list of each level's memory work